

Join the Voices for  
**recovery**

**now  
more than  
ever!**



September 2010

**THE RECOVERY INSTITUTE:** Developing pathways to recovery through education and inspiration series presents:

**SELF CARE AFTER HOSPITALIZATION.....**

**What we need from ourselves, our family, our friends, our providers, our community. Please join us in this interactive discussion.**

**BROWN BAG LUNCH**

Presented by:

Mary Schlimm, LPC

Margurite Murray, LPN

**Friday- March 18, 2011 12:00-1:30**

**Region Ten Community Services Board**

500 Old Lynchburg Road Room 500A (Conference Center)

Mark your 2011 Calendars for the **Third Friday** of each month to join us for the Recovery Institute Brown Bag Lunch series!! A new topic each month! All sessions are free and open to the public.

- **April 15, 2011 12:00-1:30 TBA**
- **May 20, 2011 12:00-1:30 TBA**
- **June 17, 2011 12:00-1:30 TBA**