

Region Ten Community Services Board is pleased to announce the addition of a new service, Positive Behavior Support Consultation.

What is Positive Behavior Support?

- ◆ **A comprehensive approach to behavior change for people with intellectual disability who exhibit challenging behavior. Positive Behavior supports include principles and practices from applied behavior analysis, the inclusion and self-determination movements, and person centered planning and values.**
- ◆ **A research-based approach that teaches people with challenging behaviors, and the people who support them, new skills that promote successful living in community settings.**
- ◆ **A practice with the primary goal of improving the quality of life of individuals with challenges, while reducing or eliminating problem behaviors.**
- ◆ **A support that is applicable across settings and with diverse populations.**

How is PBS Provided? What Does a Facilitator Do?

A PBS Facilitator works with individuals and other team members to provide support by:

- ◆ **Getting to know the individual, support team members, and staff of agencies that provide support**
- ◆ **Supporting teams through a person-centered planning process**
- ◆ **Teaching teams how to assess behavior and complete a Functional Behavior Assessment**
- ◆ **Assisting teams in learning how to analyze behavioral data**
- ◆ **Facilitating teams to collaborate on developing a positive behavior support plan**
- ◆ **Teaching families and support providers to implement positive behavior interventions**
- ◆ **Reviewing, evaluating, and revising plans**
- ◆ **How are PBS Services billed?**

At this time, individuals must have MR Waiver funding. Private pay is available at the current Waiver reimbursement rate of \$55.13 per hour.

- ◆ **How can I find out more about PBS Services?**

Information is available on Region Ten Community Services Board's website and by e-mailing or calling our facilitator, Ruth L. Ewers.

About Ruth L. Ewers:

Ruth L. Ewers, MS, has over 15 years experience working with people diagnosed with Intellectual Disability. She is an endorsed Positive Behavior Support Facilitator and is available to offer consultations for individuals living in the city of Charlottesville and surrounding counties (Nelson, Greene, Fluvanna, Louisa, and

Albemarle). In the future, she will also be available to consult in other Central Virginia locations. She can be reached at:

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